

# EDUCATION CITY RUNNING SERIES

10Km

5Km

Juniors 3K

Kids 2K

MiniKids 1K

RACE INFORMATION PACK

RACE 1 - SATURDAY 1<sup>st</sup> OCTOBER | 6:30 AM

المدينة التعليمية  
Education City



# Race Categories and Distances

## ADULT CATEGORIES

Senior (16-39())	10K
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Masters (40+)	10K
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Senior (16-39())	5K
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Masters (40+)	5K
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## JUNIOR CATEGORIES

Junior (14-15)	3K
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Kids 3 (12-13)	3K
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Kids 2 (10-11)	3K
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Kids 1 (7-9)	2K
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Mini Kids (3-6)	1K
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November 2019

# Race Day Timetable

5:30 AM	Registration opens
6:30 AM	5K/10K Start
6:35 AM	3K Start : Juniors   Kids3   Kids 3
6:40 AM	2K Start : Kids 1 Start
6:45 AM	Mini Kids Start
7:30 AM	Podium Presentation

Breakfast available at Chef's Garden



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# Race Day Checklist

- ☐ Check Directions and Parking Map to Education City Venue
- ☐ TriClub Members – **Remember Your Timing Chip** and **check that it beeps before you race.**
- ☐ **Non-Members** : Bring QID as a deposit to collect your Race Timing Chip
- ☐ **Registration:** Body mark race number
- ☐ Be at Start line on time – **Check the start list for your assigned wave time**



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## Race Location:

## **Chefs Garden Education City** **Map\_Location\_Qatar\_Academy**

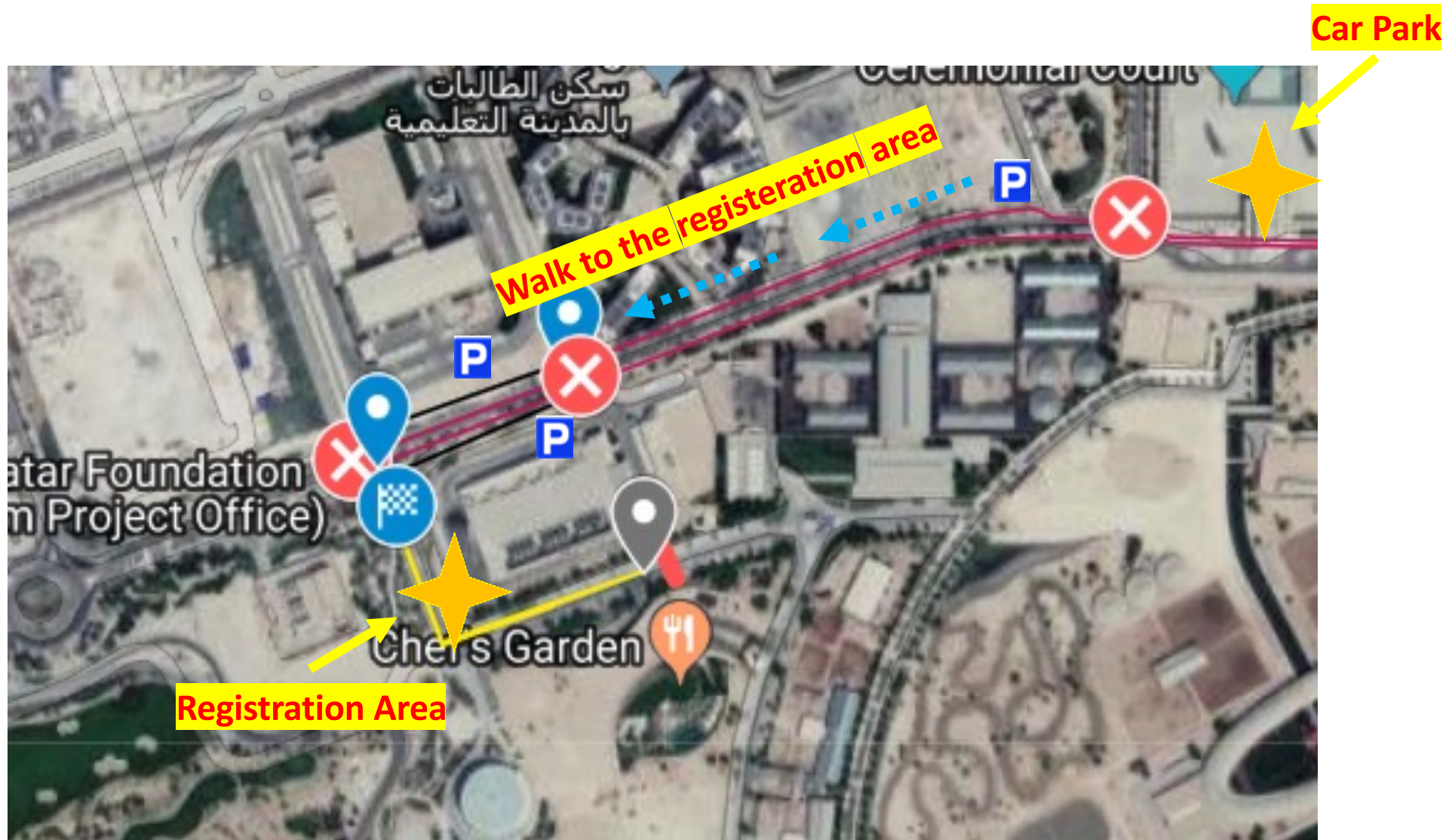
## GETTING TO RACE LOCATION:

Enter from main entrance of gate 2,  
keep straight for 3 roundabouts,  
and then take right , you will see  
the parking area on your right.

**Parking Area is approx. 300m away from registration area/ Start line.**



# Registration / Race Start Location





# Registration / Race Start Location

- **Registration** opens at 5:30 AM. Please be on time – late comers will not be allowed to race. Race brief will be at 6:25 AM for a 6:30 AM start. All will need to register for body marking.
- **TIMING:** To ensure accurate times and results every competitor uses a my-laps chip timing while racing. Results will be updated as competitors pass the finish line. The timing chip must be worn on your leg, around the ankle. For those that have rented chips for the race, please when you finish, remember to return your timing chip to the chip return desk near the finish line area to receive your QID or QAR500 deposit back.
- It is participants responsibility to ensure the timing chip that they wear during the race is the exact one allocated to you on the race registration. Failure to do so may result in a delay to your race results and may result in your time not being available for the podium presentation.
- If you forget your chip on race day, we can provide a rental chip for QR20(subject to availability) however your results may not be available in time for any podium.
- The [course route](#) will be displayed at registration, and will be explained during the race brief, however, it is the competitor's responsibility to know the event course and to complete it properly, look for signs, study the route map before you start.

# Race Check-In

In order to ensure a smooth and quick race check-in we will separate check-in into 2 check-in desks

## Non-Member Chip Collection

Collect Timing

Must give Qatar ID as deposit for timing chip or QAR500, returned after the race

## Body Marking

Write Race Number on your Arm

## TriClub Doha Members Desk

Membership Queries

Buy Kit

Collect New Members Chips

Members Chip Problems

Rent a chip (QAR20)

Buy a new chip (QAR150)

Join the Club

Enter future race

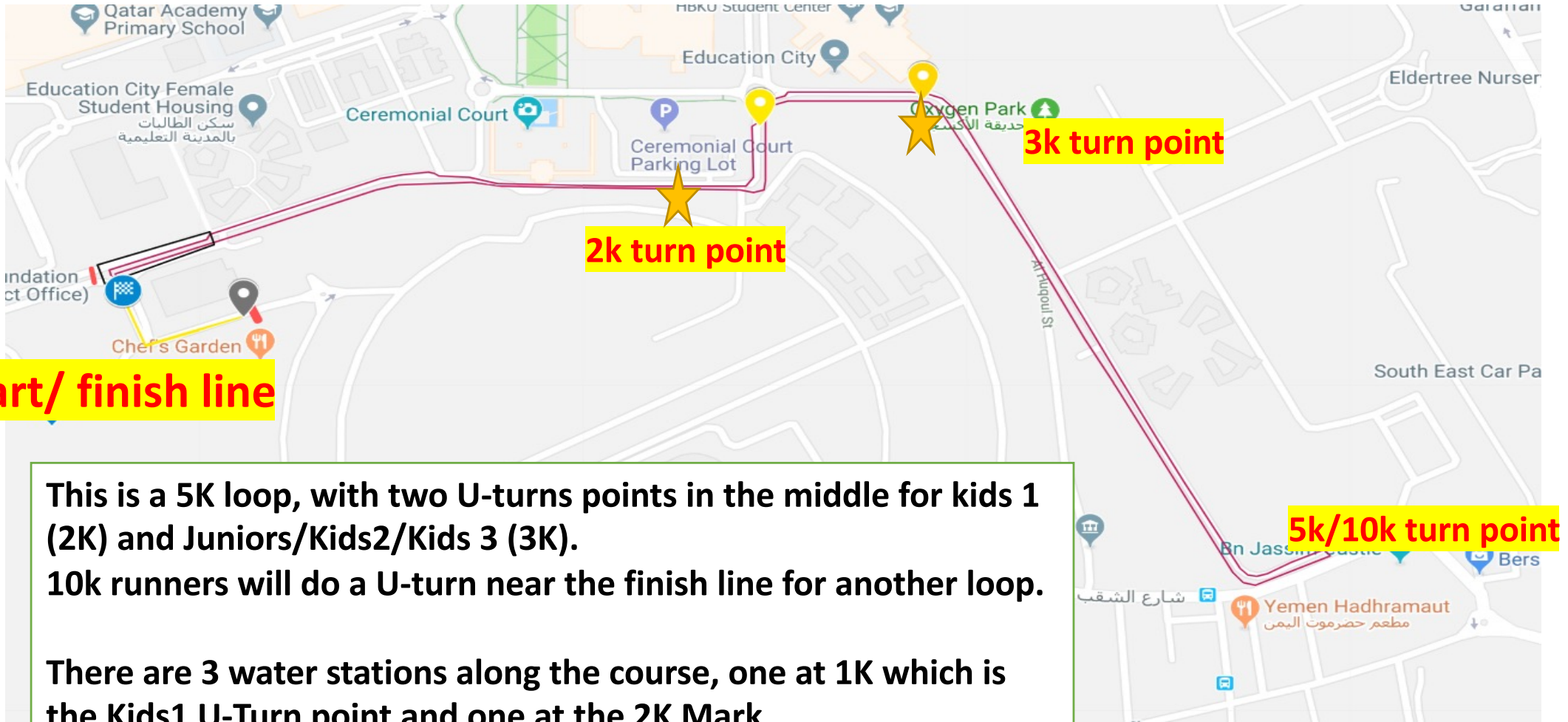


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## Course Information



**This is a 5K loop, with two U-turns points in the middle for kids 1 (2K) and Juniors/Kids2/Kids 3 (3K).**

**10k runners will do a U-turn near the finish line for another loop.**

**There are 3 water stations along the course, one at 1K which is the Kids1 U-Turn point and one at the 2K Mark.**

**This will allow runners to enjoy water every 1K.**

# Course Information



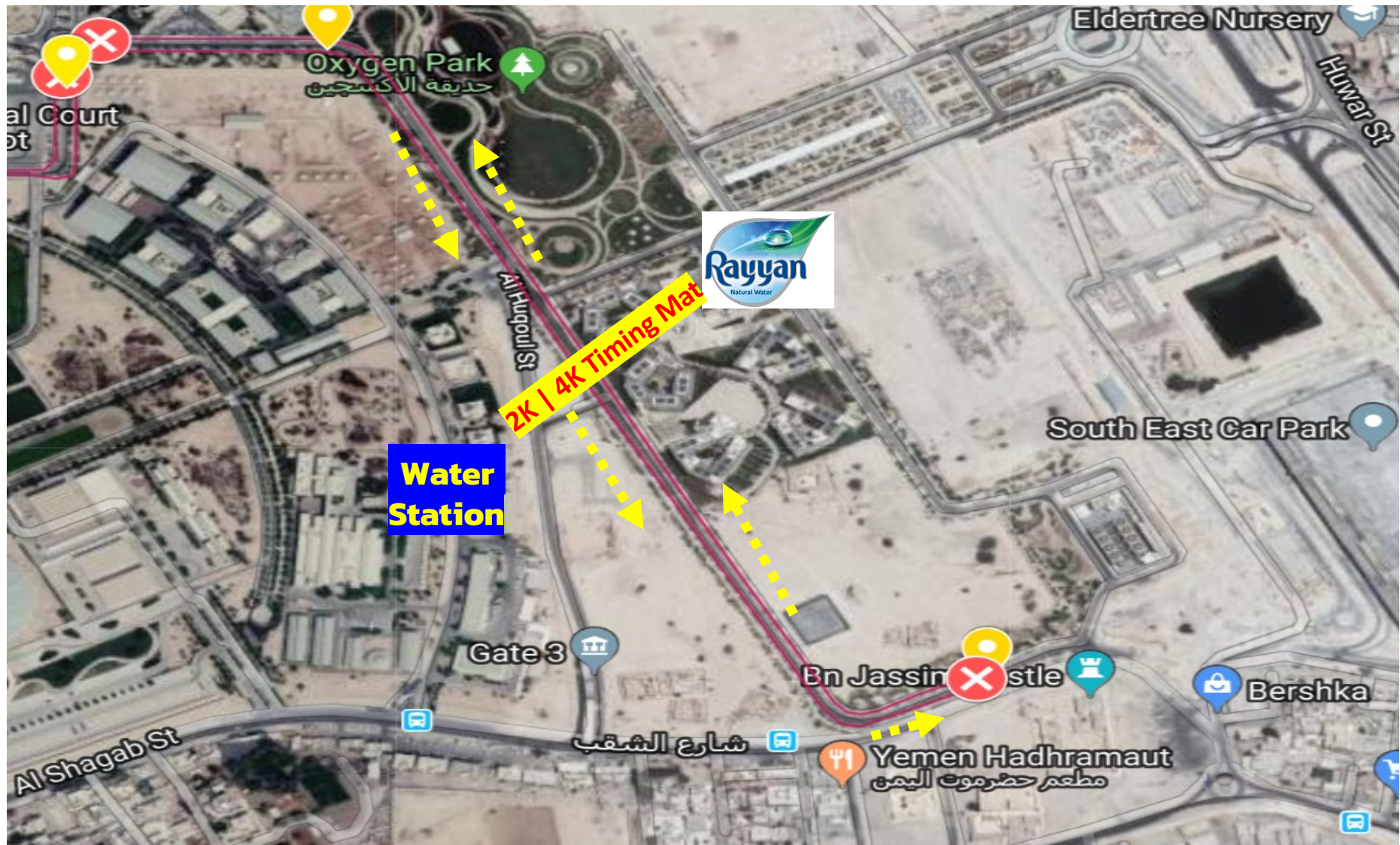


# Course Information





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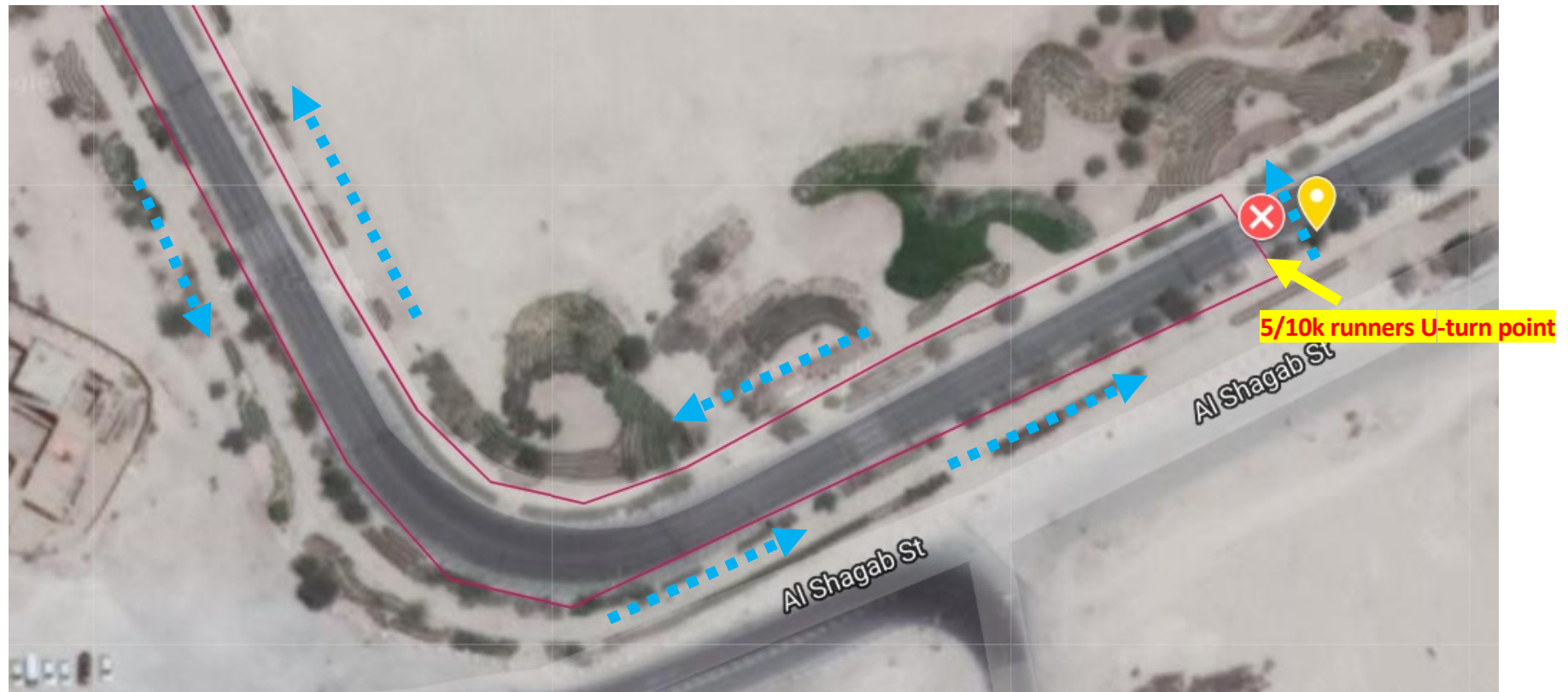




# Course Information

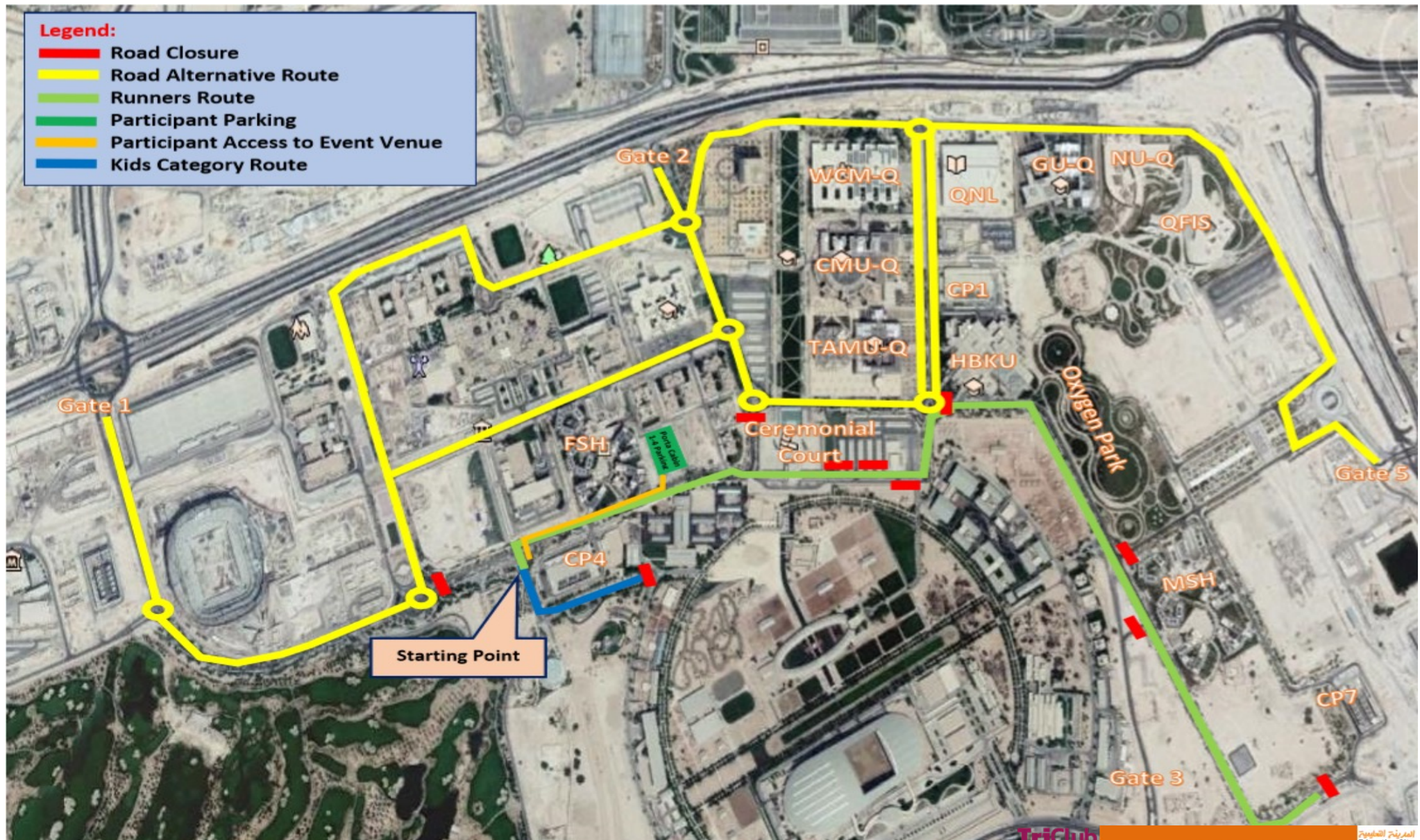
At the 2.5K mark there will be a cone and marshall.

**There will be no water station, but runners can request/access water if needed**





# Road Closures during race



# Post-Race Information

## **MEDALS**

You will be given a finisher medal at the finish line.

**POST RACE REFRESHMENTS** – Post race snacks of bananas and a muffin are available to all participants, please collect your post race snack near the finish line

## **AWARDS CEREMONY**

We plan to have podium ceremony after the race.

Gold/Silver/Bronze medals will be awarded to both male and female winners of the following individual categories: Kids 1 (7-9), Kids 2 (10-11) , Kids 3 (12-13), Junior (14-15), 5K Seniors, 5K Master, 10K Seniors, 10K Masters

**It is the participants responsibility to ensure that the timing chip used is the exact chip assigned to them in the race registration file which will be emailed the afternoon prior to the race. As we do not wish to delay the Awards ceremony for all participants, we cannot guarantee that the race times for Late "on-the day" entries, TriClub members that forget their chips/update their mylaps subscription (and therefore require a rental chip) – OR – participants that mix up the rental chip and race with the incorrect chip, will have their results in the timing system before the Awards ceremony. In this case, it is possible to miss-out on the podium and winners medal. Please pay attention to the chip being used for the race.**



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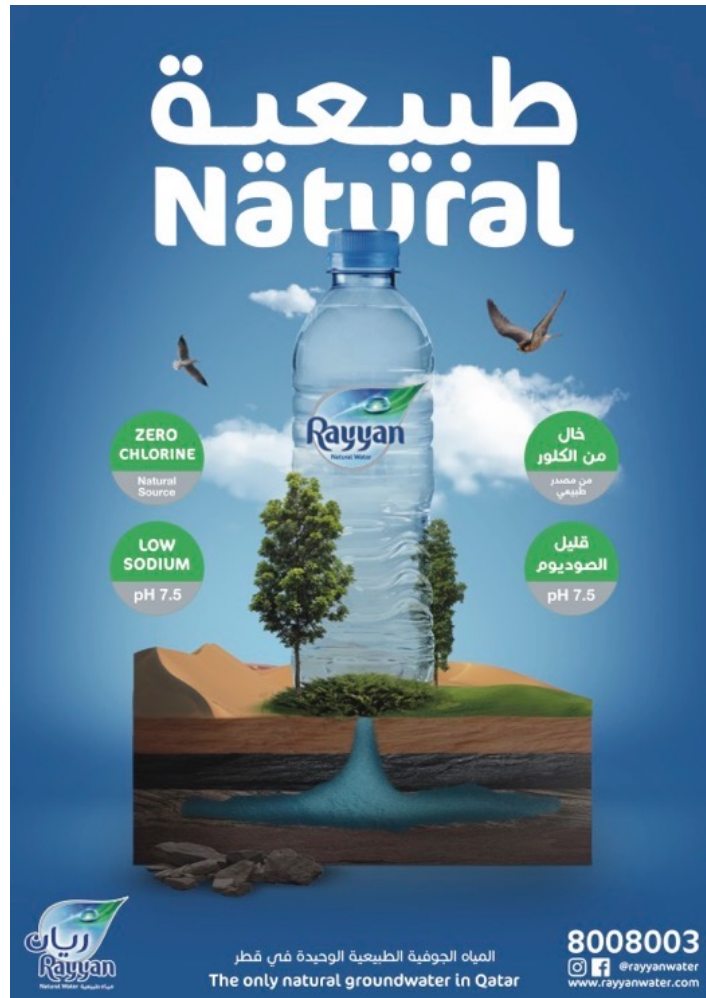
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# Water Station

We are pleased to announce Rayyan as our water sponsor for the Education City Series

Iced Water Station is available EVERY 1K during the race



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# Race Rules

## **RUN RULES**

No form of locomotion other than running, walking or crawling is permitted.

All Competitors must follow the normal rules of the road, but safety should be the first priority.

## **GENERAL**

Usage of MP3 players and mobile phones, in combination with or without headphones, are not allowed during the race.

## **PENALTIES AND INFRINGEMENT RULES**

Failure to obey direction of race official – Disqualification  
Verbal/physical abuse of officials – Disqualification (be nice to the officials we cannot organize events without them)

## **SAFETY**

All participants are responsible to bring any medications specifically required by them e.g., inhalers etc. and inform the race management of their needs.

Provision for rehydration will be made available at each event in the form of water points on the run course.

Participants are responsible for abiding by the safety rules and regulations and for their own actions.

There will be an on-site Ambulance available for the duration of the race.

All participants in events organized by TriClub Doha do so entirely at their own risk and the club cannot be held responsible for accidents, injury or other incidents however caused

## **APPEALS**

Any competitor questioning their time (s), who disagrees with an officials ruling or wishes to lodge a complaint about another participant's behavior must submit their complaint to triclubdoha

# TriClub Doha Club Championship

7 Badges to Collect ... earn Bronze, Silver or Gold



- TriClub Doha's Annual Leaderboard and "frequent flyer" program open to all club members.
- Participate, or volunteer, in one race in any of the 6 Race Series to earn that Series badge.
- Points awarded for each event based on your placing in age group; ie: 50 points for 1<sup>st</sup> place, 49 for 2<sup>nd</sup> etc, per age group (Veterans, Open, Junior Age Groups.)
- Points awarded will start at 50 points for standard/sprint distance races. Super Sprint distance 40 points, Maxi duathlon/aquathons: 60 points, Beginners Tri 30 points. Minimum points earned per race is 10 points, even if race not finished. Volunteers earn 50 points.
- Earn 40 points to upgrade to Bronze Series Badge, 75 points for Silver and 100+ points for Gold
- Participate in 10 Races in the season and qualify for the "Club Championship Badge" and join the leaderboard to compete for the title of "Club Champion" based on sum of the 10 best scores in the season
- Earn 300 points for Bronze Club Championship Badge, 400 for Silver and 450 for a Gold Club Championship Badge
- For more information, please see <http://www.triclubdoha.com/en/members-only/club-championship>

# Club Sponsors and Partners

Please show appreciation to the following organizations supporting TriClub Doha



**THE RITZ-CARLTON**  
SHARQ VILLAGE, DOHA

